

Welcome to the YMCA!

We're so glad you're here, and we're pleased to provide you with this free seven-day pass to help you get started on your wellness journey. Come see why millions of people across the nation love the Y: take a tour, get questions answered, try a group exercise class, or test our cardio and weight rooms.

Who may we thank for referring you to us?

How to redeem:

1. Passholder must be 18 years or older, or accompanied by a legal guardian.
2. Bring this guest pass and your photo ID to your local YMCA. Pass valid at (Lompoc, Santa Ynez, Santa Barbara, Montecito, Ventura and Camarillo).
3. Come enjoy the Y for seven visits on us! Experience what we can do for you.

Pass expires October 31, 2017

Our Branches

Camarillo

805.484.0423

Lompoc

805.736.3483

Montecito

805.969.3288

Santa Barbara

805.687.7727

Stuart C. Gildred
(Santa Ynez)

805.686.2037

Ventura

805.642.2131