



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRENGTHENING COMMUNITIES 125 YEARS



2010-11 Annual Report

Channel Islands YMCA

serving Santa Barbara and Ventura counties since 1887



Sal Cisneros
President and CEO



George Leis
Board Chairman

You are WHY

Channel Islands YMCA is proud to celebrate 125 years of service to our communities in 2012. And we're even prouder to have had the community's support all these years.

Every year since our founding in 1887, our Annual Fund Campaign has played a crucial role within the Y, subsidizing membership and program fees for those unable to afford them. The results can be seen across all aspects of the Y's programming; from day care and summer camp for youth to wellness programs for the elderly and those dealing with disease. Every day a member of our community benefits directly from your donation.

Even in these challenging times, the community continued to voice their confidence through generous contributions. This past year the Channel Islands YMCAs provided \$1.25 million dollars in financial assistance empowering over 3,479 children, families and individuals to become more healthy, confident and connected regardless of their ability to pay.

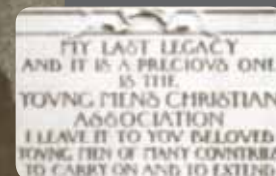
Our endowment through the Heritage Club continues to serve as an inspiration to our Ys; we are encouraged by the thoughtfulness of our donors who choose to assure a strong YMCA for future generations.

We thank you – our staff, volunteers, donors and community. We are honored to partner with you to continue to build stronger, more inclusive communities, provide support for families and promote positive change overall.

A lasting legacy

1844>First YMCA was founded in London by George Williams and 11 friends **1851**>Thomas Valentine Sullivan founds the first YMCA in the United States in Boston **1885**>World's first indoor swimming pool is dedicated at the Brooklyn, New York Central YMCA **1885**>First Y camp at Orange Lake, New York **1887**>YMCA of Ventura county and Santa Barbara Family YMCA established **1892**>James Naismith invents basketball at the International YMCA Training School in Springfield, Massachusetts **1895**>The game of "mintonette" or volleyball invented at Holyoke, Massachusetts YMCA **1895**>First professional football game sponsored by Latrobe, Pennsylvania YMCA **1905**>Two leaders took eight boys to the Rincon for a week at a cost of \$3.00 **1910**>Sonora Louise Smart founds Father's Day at the Spokane, Washington YMCA **1912**>YMCA building erected at Carrillo and Chapala Streets **1920**>First black baseball league, the Negro National Baseball League, forms at the Paseo YMCA in Kansas City, Missouri **1921**>Free medical exams given at the new Boys Clinic **1926**>Following the Native American family model, the parent-child program Y-Indian Guides starts at the St. Louis YMCA **1936**>New York State YMCA sponsors the first Youth and Government program to encourage high-school youth to participate in the government process **1946**>YMCA leader, John Mott, is awarded the Nobel Peace Prize for the YMCA's war relief **1950**>Racquetball invented by volunteer Joe Sobek at the Greenwich, Connecticut YMCA **1957**>The Montecito Branch of the Santa Barbara YMCA was formed **1961**>Camarillo Family YMCA established **1968**>Resolution passed by the Board asking all members to refrain from smoking while

at the Y **1977**>Lompoc Family YMCA established **1988**>Santa Ynez Valley YMCA established **1991**>First Healthy Kids Day



George Williams, YMCA founder



Thomas Sullivan, founder of YMCA of the United States



Membership included physical exam



Swim lessons, resident camp



Indian guides



During WWI, 5,145 YMCA women served American soldiers in France



Canoe races, Catalina Island



Summer camp, Catalina Island



James Naismith, inventor of basketball



YOUTH DEVELOPMENT

Nurturing the potential of every child and every teen



We believe that all kids deserve the opportunity to discover who they are and what they can achieve. Through the Y, youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement.

OPPORTUNITIES FOR YOUTH

287 campers, in addition to staff and volunteer counselors, participated in resident YMCA Camp Programs at Camp Gaines and Family Camp in the Sequoias.

4,884 teens participated in programs such as: health and fitness, afterschool activities, Youth and Government, and YMCA Teen Leadership.

3,836 children learned to swim, and another 3,089 participated in a variety of sports programs including gymnastics, soccer, t-ball and basketball.

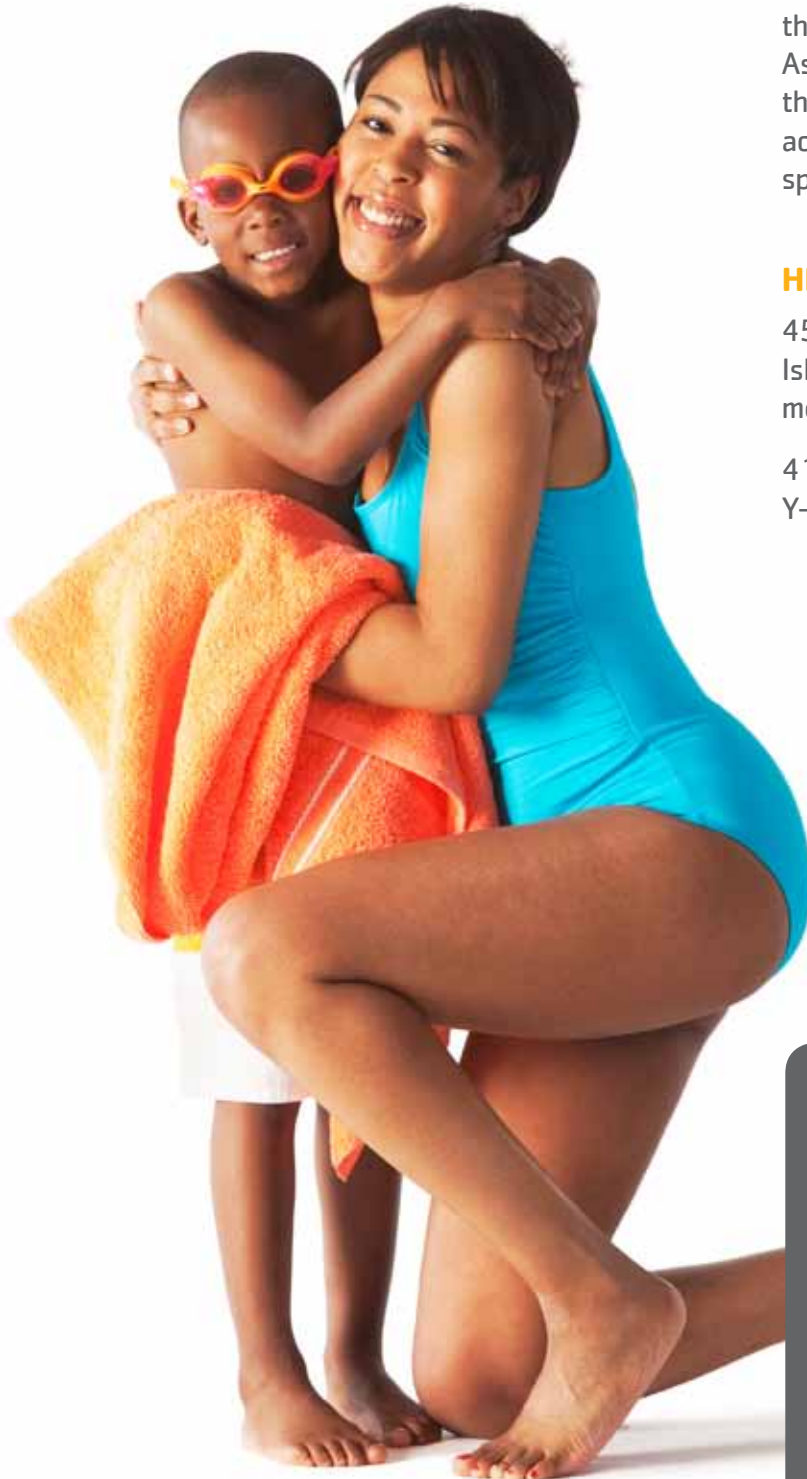
1,626 children attended a fun-filled week of activities at a YMCA Summer Day Camp.

“As a father of young children, being a part of their daily lives can be a challenge. The YMCA youth sports programs allows me to be a real participant in their daily activities in a way that is more than just standing on the sidelines. So many youth athletic clubs prefer to keep the parents at bay but I have never felt that way at the Y. Time with my children is precious and I share the values of the Y to do more than raise a good athlete.”

Richard
Camarillo Family YMCA

HEALTHY LIVING

Improving our community's health and well-being



With an emphasis on balance, the Y brings individuals and families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for the spirit, mind and body.

HEALTHY COMMUNITIES

45,269 individuals participated in Channel Islands YMCA programs, including 38,437 facility members and 6,832 community members.

418 families participate in programs like Y-Guides, Y-Maidens, Trail Blazers, and Adventure Guides.

"I had a tumor removed from my spinal cord. The only way to deal with the abnormal nerve impulses is to exercise. I was unable to endure any exercise programs prescribed. However, when I was granted the opportunity to use the pool, I found my stamina has increased tremendously. Due to a radical change in my nutrition and training assistance from Y staff, I am now able to walk without a cane for the first time in 10 years. I am exceedingly grateful."

Blain, Stuart C. Gildred Family YMCA

SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors



At the Y, we foster the care and respect all people need and deserve. We develop skills and encourage volunteerism through value-based youth programs. We welcome and connect diverse demographic populations through membership and services. We help prevent chronic disease and build healthier communities through collaborations. Every day, volunteers, donors, leaders and partners are empowering people to be healthy, confident, and secure.

CONNECTING NEIGHBORS

3,058 donors contributed to the 2010/2011 Campaign for Youth and Families, raising \$755,826.41

\$1,251,659.81 was provided in financial assistance to 3,479 low-income families and individuals for membership or programs such as child care, camp, sports, and after-school programs.

28,264 adults and seniors participated in a wide variety of programs including: nutrition workshops, recreational and fitness swimming, strength and cardiovascular training, aerobics, kickboxing, yoga, basketball, racquetball, volleyball, and tennis.

“I have been given an extraordinary opportunity to serve others in an environment founded in the teachings of Jesus Christ. I have seen the wonderful impact the Y has had on those who need financial help. I’ve been the one to interview families in crisis and to let them know the Y is here to help support them financially, emotionally or spiritually.”

Yvonne
Montecito Family YMCA

Good Stewardship

The YMCA is committed to the highest ethical standards of a public charity. The organization's transparency can be viewed through the Form 990 posted on ciymca.org. The YMCA is governed by and accountable to an independent board of directors of community leaders and volunteers.

Revenue for 2010-2011

PUBLIC SUPPORT

Contributions	1,395,749	8.6%
Capital contributions	1,288,130	8.0%

Sub-total public support 2,683,879 16.6%

PROGRAMS

Membership dues	7,867,636	48.5%
Child care	3,076,380	19.0%
Programs	1,973,959	12.2%
Camp	85,003	0.5%

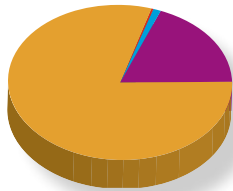
Sub-total programs 13,002,978 80.2%

Other income 48,298 0.3%

Investment income 474,099 2.9%

TOTAL PUBLIC SUPPORT AND REVENUE

16,209,254 100.0%



- public support
- programs
- income
- investments

Expenses for 2010-2011

FOCUS AREAS:

Youth Development	5,148,522	31.8%
Healthy Living	5,847,735	36.1%
Social Responsibility	801,976	5.0%

Sub-total Programs 11,809,233 72.9%

SUPPORT SERVICES/OPERATIONS

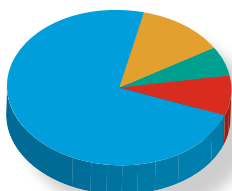
Administration and Fund Development	1,901,312	11.7%
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Total Operating Expenses 13,710,545 84.6%

Depreciation 999,586 6.2%

Reserve for Capital 1,499,123 9.2%

TOTAL EXPENSES 16,209,254 100.0%



- programs
- support
- depreciation
- reserve

Heritage Club Members

We gratefully acknowledge the generous commitment and foresight of our Heritage Club members.

Karine Anderson	Jane and Hank* Kievit
John and Irene Alderson*	Marian and Elmer* Koonce
Sheryl Barnard*	Carl Lindros
Dick and Joan Barrett	Phil Lyons
Ada-Marie Bowers*	Michelle and Rob Marland
Marilyn Branch	Nancy Maxson
Virginia Branch	Willard and Susanne McEwen
George and Jessie Breytspraak	Richard F. and Carol McCurdy
Robert Brigden*	Doug and Andrea McFarling
Robert E. and Patty Bryant	John and Cathy McGrath
Roy and Delphine Burnette	Loretta and Mike Merewether
Margo Byrne	Paul and Margaret Mistele
The Margaret A. Cargill Foundation	Robert and Helene Mussbach
Daniel Chapman	Robert Myers
Salvador and Debbie Cisneros	Bruce O'Neal*
Stuart Colville and Susan McNally	Charles and Patty* Ott
Joan C. Grasty	Vanessa Patterson
Jack Dimock	Joan Petronis
Larry Doyle*	Patricia Pinkerton
David and Teri Edsall	Charles Pira
Rusty and Lynda Fairly	Rick and Ruth Politte
Mark Fingerlin and Heather Davis	Dan and Liz Powell
Donald and Gwen Fraser	Michael Shimada
David Gibbs	Bill and Sharon Rich
Joan and Richard Glenn	Yvonne Rubio
Carolyn Grant	Dr. William Santoro
Tim Hardy	Joyce Schrader
Paul O. and Susan Halme	Mike and Annette Shimada
Cindy Halstead	Nick Spaniola*
Richard Harris	Douglas Stewart
Alice Hinig*	Brad Sullivan
Daniel and Mandy Hochman	Maurice Surmani*
Ruelene Hochman	Shelly Tyson*
Heinz Hoffman*	Volentine Family Foundation
Merrill Hoffman*	Richard B. and Frederica Welch
David and Laura Hughes	Don Williams
Daniel Jaeger	Manuela Williams
Ron and Trish Johnson	William and Diane Wineland
Roger and Lynn Karlson	Helen Yunker
Diane and Wayne* Kees	
Serena Kelsch	

*deceased but not forgotten members of the Heritage Club

Endowment activity for the year ended June 30, 2011

Beginning Balance at Market	1,993,690
Donations	26,292
Interest and Dividends	53,706
Gain/(Loss) on Sale	6,172
Distributions	(49,367)
Unrealized Gain/(Loss)	416,958
Expenses	0

Ending Balance at Market 2,447,451

Annual Donors

Foundation Gifts: \$20,001+

The California Wellness Foundation
Margaret A. Cargill Foundation
MacDonald Family Foundation
Pacific Capital Bancorp
Santa Barbara Foundation
Lynn and Roger Karlson
Volentine Family Foundation
Weingart Foundation
Social Venture Partners Santa Barbara
Women's Fund of Santa Barbara
Wood-Claeysens Foundation
YMCA of the USA



Gifts \$10,000-\$20,000

Celite/World Minerals
City of Camarillo
Girsh and Hochman Family
Jane Kievit
June G. Outhwaite Charitable Trust
Montecito Bank & Trust
Santa Ynez Band of Chumash Indians
Santa Ynez Valley Youth Recreation
Gwendolyn Sexton Foundation
The Towbes Foundation
John VanWingerden
Venoco Inc.
Weight Watchers, Int. #5160
Dana White



Gifts \$5,000-\$9,999

Avex, Inc.
Bellss Family Fund
Anthony and Gay Browne
Crawford Idema Family Foundation
ExxonMobil Foundation
Merrill Hoffman
Ann Jackson Family Foundation
Palmer Jackson, Sr.
JC Penney
Latkin Foundation
Lego Children's Fund
Hutton Foundation
MarBorg Industries
Susan and Craig McCaw
Meadowlark Service League
Kendall and Lloyd Mills
Paul and Margaret Mistele
Rabobank
Rotary Club Ventura East

UCSB Office of Student Life
University Religious Conference of Santa Barbara



Gifts \$2,500-\$4,999

Glenn and Amy Bacheller
Sandra and Edward Batman
BB & H Benefit Designs
Todd and Andrea Beguelin
Business First National Bank
City of Lompoc - CDBG
Lue and Geraldine Cramblit
Fund for Santa Barbara
Joan and Richard Glenn
Larry Hammett
Robert and Donna Harper
Pete and Gerd Jordano
Larry and Ann Jett
Lazy Acres
David Morley
Santa Barbara County
Santa Ynez Valley Rotary
Susan Shank
Union Bank of California
Wells Fargo



Gifts \$1,000-\$2,499

Rob and Susie Adams
Advanced Motion Controls
Donald Anderson
Anonymous
William Arnitz
B & B Foundation
Peter and Laura Berson
Ann and Charlie Bockius
Brittingham Family Foundation
Brinkman & Company, AAC
Kelly and Michelle Brown
Margo Byrne
Darren and Luann Caesar
Camarillo A.M. Rotary
Camarillo Noontime Rotary
James and Janeen Cassidy
City of Goleta
CKE Restaurants Inc.
Coach Patty's Gymnastics
Mark and Grazia Coffin
Douglas and Karen Crawford
Tom and Nancy Crawford
Dixon JB Engineers
Elaine "Maidy" Dreyfuss
Reggie Drew
Lynne and Sean Early

David and Teri Edsall
Leo and Mary Edwards
David Eldred
John and Beth Fankhauser
Mark Fingerlin
First California Bank
Greg and Elisabeth Fowler
Richard and Adeline Freeman
Randy and Jill George
Helen Gibson
Pamela and Kirk Gilbert
Lynn Gildred
Erin Gill Investigative Services
Joline Godfrey
Nancy Goldsholl
Brian Gough
Carolyn Grant
Joan C. Grasty
Gary and Marsha Gray
Harbor Office Solutions
Harbor Offshore, Inc.
Paul and Heather Haaga
John Hall
Joe Hardin
Tim Hardy and Pat Pinkerton
Mary Harvey
Helen Harris
John and Diana Heidelman
Tom and Roberta Heter
Hiji Foundation
Sally Irving and Michael Cook
Ron and Trish Johnson
Randal and Megan Johnson
Brett and Karena Jones
Kenneth Kahn
Manuel Kahn
David and Vicki Kellams
Richard and Gretchen Kieding
Paula and Peter Kislak
Kiwanis Club of Lompoc
Claudia Lapin
Joe and Daisy Lazaer
Carl Lindros
Lompoc Valley Pediatric Care
Dan and Luz Lyon
Phil Lyons
Marilyn and Richard Mazess
Mark McKinley
Loretta and Mike Merewether
Roland and Dolores Messori
Chris and Mireille Mills
James Modlin
Doug Moe
James and Mary Morouse
Richard and Janice Nagler
Tom and Colleen Nevins
New Frontiers Market
Charles and Betsy Newman
David and Angela Nichols
Daniel O'Keefe
Janice and Richard Olivas
Jim and Lillian Osborn
Rosa Pace

Scott and Roxanne Packham
Vanessa Patterson
Play it Again Sports
Judith and Del Petraitis
Pleasant Valley Lions Club
Dan and Liz Powell
Procter & Gamble
Marjorie and Charlie Pulver
David Raulin
Robert and Susan Rees
Robert Reingold
Laird and Paige Riffle
Robertson Dental Lab
Larry Rosen
Ric and Penny Ruffinelli
Joan Russell and Stephen Price
William Santoro
William and Mary Sauer
Ronald and Lawrence Schnur
Joyce Schrader
Suzanne and David Schwark
Seltzer Doren Co.
Marshall Sherrill
Vincent and Angela Siefe
Harold Simmons
Skydive Santa Barbara
John and Donna Slavin
Ken and Ronna Sorenson
David Spainhour
Warren Staley
Pamela Strickfaden
Brad Sullivan
Joseph Sullivan
Jack and Cindi Taylor
Leonard Todd
Susan and Russell Uchiyama
United Launch Allinace
Marilyn Vandever
Richard B. and Frederica Welch
Duane and Sylvia Wikholm
Don Williams
Jane and Ken Winter
Kathryn and James Woodburn
Sachi and Brian Yenokida



Gift in Kind

Assistance League of Santa Barbara
Charter Media
Cumulus Media
Foodbank of Santa Barbara
Impressive Print
KCLU
KDB
KEYT
Knight Broadcasting
Rincon Broadcasting
Santa Barbara Independent
Noozhawk
Pacific Coast Business Times

Volunteer Leadership

Our Volunteers are made up of people of all faiths and abilities, all working side-by-side to ensure that everyone, regardless of gender, income or background, has the opportunity to live life to its fullest. We value caring, honesty, respect and responsibility, and everything we do stems from this. Together, we use our knowledge to develop stronger, more inclusive communities, provide support for people and families, and promote positive change overall.

Board of Directors

CHANNEL ISLANDS YMCA

George S. Leis, Board Chair
Ric Ruffinelli, Chair Elect
Robert J. Coles, Secretary
James L. Armstrong, Treasurer
Brian Gough, Past Board Chair
Sal Cisneros
Sandy Allan
Gail Anikouchine
George Armstrong
Darren D. Caesar
Jim Dixon
Andrew Grant
Dale Haslem
Tom Heter
Sally Irving
Norm Nebroski
Jeff Speich
Joseph Sullivan
Daniel C. Watkins
Steven H. Weintraub

Board of Managers

CAMARILLO FAMILY YMCA

Scott Packham, Chair
John Braunschweiger
Bob Burrow
Tanya Carlisle
Annick Faict
Ellie Felder
Howard Gold
Joan Grasty
Ryan Jennings
Thomas McCook
Bruce Macedo
David Nichols
Caroline Norman
Jack Toerner
Susan Uchiyama
Michael White

LOMPOC FAMILY YMCA

Jaime Marks-Rodriguez, Chair
Cindy Blifeld
Ann Bockius
Bruce Coggin
Jim Dixon
James Hall
Lucy Harrington
Tom Heter
Greg Kampf
Robert Kee
Joe Lazaer
John Liechty
Shannon Marshall
Raymundo Maya
Jim Raggio
Robert Rees
Sachi Yenokida

MONTECITO FAMILY YMCA

Rob Adams, Board Chairman
Alida Aldrich
George Armstrong
Anthony Brown
Darren Caesar
Mark Coffin
Mike Denver
Sean D. Early, M.D.
Jodi Fishman-Osti
Stewart Fuss
Erin Goligoski
Andy Grant
Clas Lensander
Roland Messori
Dan O'Keefe
Dan Oriskovich
William Santoro, M.D.
Michael Shimada
Brad Sullivan
Mike Tognotti
Yolanda VanWingerden
Tim Werner

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Miguel Castillo
Will Cunningham
Jessica DiMizio
Gary Gray
Daniel Hochman
Mike Jordan
Jaylon Letendre
Simon Livingston
Sean Mason
Cassi Noel
Kevin O'Connor
Vanessa Patterson
Matt Rowe
John Slavin
Kristi Wrightson

STUART C. GILDRED FAMILY YMCA

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Dean Anders
James Cassidy
Maidy Dreyfuss
Donna Feazelle
Bertha Foxen
Stu Gildred
Bobbi Hunter
Brett Jones
Kenneth Kahn
Suzanne Jakkola
David Lawrence
Bob Levin
Chris Mills
Aaron Petersen
Chuck Pira
Elizabeth Quick
Gary Riches
Monica Trouve' Sapp
Jim Watts
Susan Weber

VENTURA FAMILY YMCA

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Peter Berson
Elizabeth Brinker
Danielle Brinkman
Todd Beguelin
Steve Doll
Jim Duran, Chair Elect
John Fankhauser
Randy George
Debbie Giles
Dr. David Gomez
Jeff Hata
Rick Jeffery
Robert Krimmer
Dan Lyon
Michelle Martinez
Loretta Merewether
Paul Mistele
Doug Moe
Tom Nevins
Victor Pulido
Ric Ruffinelli, Past Chair
Josh Spiker
Jim White
Kay Woodburn

YOUTH AND FAMILY SERVICES YMCA

Dave Morley, Chair
Marilyn Gutsche
Helen "Yonie" Harris
William Lindberg
Marsha Roberson
Ernie Rodriguez
Joseph Sullivan

How do I become a volunteer?

1. Contact your local Y
2. Fill out an application
3. Interview with your local Y director
4. Get fingerprinted
5. Start making a difference in someone's life



HONORING OUR VOLUNTEERS

2011 Service awards



The Golden Triangle of Distinguished Service Awards

recognizes volunteers with the highest honor for outstanding service. Through their efforts, the Channel Islands YMCA has grown to be recognized as one of the oldest and largest youth-serving organizations in Santa Barbara and Ventura counties, touching the lives of over 45,000 boys, girls and adults each year.

We honor these volunteer leaders who have demonstrated consistent commitment, dedication, and loyalty to the YMCA and who have given the YMCA an important place among the major interests in their lives.

David Edsall, board chair of Camarillo Family YMCA, volunteer, annual campaign major gifts chair and leadership gifts chair

Tom Heter, financial development committee chair and major gifts campaigner for Lompoc Family YMCA

Gary Gray, board chair and chairman's round table campaigner for Santa Barbara Family YMCA

James Cassidy, campaign cabinet chair and capital campaigner for Stuart C. Gildred Family YMCA

Ric Ruffinelli, board chair, campaign chair, membership committee chair, marketing committee chair and a member of the finance committee for Ventura Family YMCA

Vincent Vanhecke, organizing chef for Reaching for Stars, an annual fund raiser for Youth and Family Services

LEADING BY EXAMPLE

2011 Program awards

The Program Excellence Award recognizes and encourages innovations in programming or program operations, which result in a significant improvement in the Y's ability to achieve its mission.

Lynn Karlson, executive director of Youth and Family Services YMCA, for excellence in the program, My Home.

Amber Stevens, aquatics director at Ventura Family YMCA for excellence in the program, Operation Splash.

MY HOME AT ARTISAN COURT provides a place where former foster youth ages 18-21 can find a home and build a path to independence. This supportive transitional housing program is the result of a collaboration among Youth and Family Services YMCA, the Housing Authority of the City of Santa Barbara and County Child Welfare Services.

Research tells us that 65% of young people leaving foster care don't have a place to live and 40% will be on public assistance or incarcerated within four years. At My Home, young people who were facing homelessness are not simply housed, they receive the support they need to mature into self-sufficient adults. Our on-site staff and volunteers provide case management, education advocacy and preparation, work readiness training, life skills classes, and counseling.

The support that Youth and Family Services YMCA offers at My Home is funded largely through



generous contributions from local foundations and individuals. In addition, many local organizations including the FoodBank, Assistance League, The Women's Fund, Santa Barbara City College and Social Venture Partners are providing the resources needed to help our young residents beat the odds and become something great.

OPERATION SPLASH is a community outreach program that provides free swim lessons to children who are homeless or in transitional living shelters. Funded by our local rotary, we are starting the second year of making a positive impact on these children's lives.

Our Y swim instructors not only promote swimming and safety skills but character development as well. To date, we have served over 350 children ages ranging six months to 16 years.

We are very apprecitive of donations from local businesses, as well as members, to provide each child with a swim kit that includes a swimsuit, goggles and towel to participate in this program.

Collaborations with local organizations such as the Salvation Army, Project Understanding, The Kingdom Center and Ventura Unified School District have also played a large part in connecting us with the children who need this valuable lifesaving service.



Channel Islands YMCA

serving Santa Barbara and Ventura counties 125 years

Association Office: 55 Hitchcock Way, Suite 101
Santa Barbara CA 93105, 805.569.1103 ciymca.org

Camarillo Family YMCA

3111 Village at the Park Drive, Camarillo CA 93012, 805.484.0423

Lompoc Family YMCA

201 West College Avenue, Lompoc CA 93436, 805.736.3483

Montecito Family YMCA

591 Santa Rosa Lane, Montecito CA 93108, 805.969.3288

Santa Barbara Family YMCA

36 Hitchcock Way, Santa Barbara CA 93105, 805.687.7727

Stuart C. Gildred Family YMCA

900 North Refugio Road, Santa Ynez CA 93460, 805.686.2037

Ventura Family YMCA

3760 Telegraph Road, Ventura CA 93003, 805.642.2131

Youth and Family Services YMCA

55 Hitchcock Way, Suite 101, Santa Barbara CA 93105
805.569.1103

Mission Statement: The Channel Islands YMCA

is a **charitable** organization

providing programs based upon

Christian principles to

men, women and children

of all ages, races, religious beliefs

and economic status

to develop and enrich the

spirit, mind and body.