



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Refining Lifetime Skills

**SWIM, SPORTS, PLAY
After School Swim Clinic, WINTER 2012**

MONTECITO FAMILY YMCA
A branch of the Channel Islands YMCA

**The Swim Clinic is designed
for youth lesson swimmers (ages 6-12)
to continue developing swim strokes,
increase endurance levels, competency,
proficiency and water safety.**

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5 Week Session(s)

Mon/Wed or Tue/Thu

Session I: 1/9 – 2/9

Session II: 2/13 – 3/15

OR

Saturdays 1/9 – 3/15

Time

M/W & T/Th 3:30pm–4:10pm

SAT 11:30am – 12:10pm

Session Cost

\$65 Facility Members

\$115 Community Members

Class will be cancelled if fewer than 3 participants.

The program is coached in a similar fashion as the Swim/Pre Team.

The clinic is designed for swimmers in the Guppy through Pre Team levels.

All participants must be able to swim 25yds without stopping.