

Pool Schedule



Montecito YMCA 2008 Spring Pool Schedule: April - June
Schedule subject to change without notice.

	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
6:00 – 10:00 am		Adult Lap Swim (5 lanes)	Adult Lap Swim (5 lanes)	Adult Lap Swim (5 lanes)	Adult Lap Swim (5 lanes)	Adult Lap Swim (5 lanes)	Y Opens at 7 am Adult Lap Swim (5 lanes)
10:15 – 11:15 am	YMCA Opens at	Water Aerobics (1 lap lane) Sally Wilcox	Adult Lap Swim (5 lap lanes)	Water Aerobics (1 lap lane) Debbie Bennett	Adult Lap Swim (5 lap lanes)	Water Aerobics (1 lap lane) Debbie Bennett	Water Aerobics (1 lap lane) Debbie Bennett
11:15 – 2:20 pm	Adult Lap Swim & Rec. Swim (3 lap lanes) (2 rec lanes)	Adult Lap Swim & Rec. Swim (3 lap lanes) (2 rec lanes)	Adult Lap Swim Water Aerobics (1:05 – 2:05) Kristy Smith (4 lanes, 1 lap lane during aerobics)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim Water Aerobics (1:05 – 2:05) Kristy Smith (4 lanes, 1 lap lane during aerobics)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)
2:20 – 5:15 pm	Adult Lap Swim & Rec. Swim (3 lanes)	Swim Lessons, Swim Team (1 lap lane)	Swim Lessons, Swim Team (1 lap lane)	Swim Lessons, Swim Team (1 lap lane)	Swim Lessons, Swim Team (1 lap lane)	Lap Swim Rec. Swim & Swim Team (2 lap lanes during team)	Adult Lap Swim & Rec. Swim (3 lanes)
	No Rec Swim during Swim Lessons, Swim Team, or Pre-Swim Team						
5:15 – 7:45 pm	YMCA pool area closed at 6:45 pm	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	YMCA pool area closed at 6:45 pm
7:45 – 8:45 pm		Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	Adult Lap Swim & Rec. Swim (3 lanes)	

Questions or concerns contact Renee' Kuhlman at 969-3288

Pool Rules & Policies

Please be respectful to the lifeguards. They are here to make your YMCA experience safe and enjoyable. Obey all rules and regulations.

1. No diving, running, or rough play allowed. No obscenities.
2. All persons using the pool or Jacuzzi must take a shower before entering.
3. All children 12 years and younger (unless entering the 7th grade) must be accompanied by a parent or guardian. Children must be 13 years of age and have a current YMCA facility membership card to use the sauna, Jacuzzi, exercise equipment, or lap swim.
4. Children 2 1/2 years and younger must wear swim diapers or liners at all times. Please be courteous and use locker rooms/cabanas provided to change your child's suit.
5. No glass containers allowed on YMCA property at any time.
6. Children in kindergarten and older must use gender appropriate locker rooms.
7. Proper swim attire must be worn. No cut offs.
8. Swimmers with long hair must wear swim caps or tie their hair back.
9. If more than 2 swimmers per lane, everyone must circle swim.
10. Spitting, blowing of the nose or discharge of bodily waste in the pool is prohibited.
11. No alcohol, drugs or illegal substances allowed on YMCA property.
12. Obey the lifeguard's safety instruction at all times. Individuals breaking YMCA rules or perceived as a threat to the safety of others will be asked to leave and may have their membership revoked.
13. Cell phones are prohibited in any program area. Ringers must be put on vibrate. Incoming or outgoing calls may be made in the grass area, parking lot or outside picnic areas.
14. Parents or guardians are responsible for supervising their children. Lifeguards are on duty to enforce rules and to respond in case of emergency.
15. During aqua aerobics a lane is left open for lap swimmers.
16. Young children or non-swimmers need to be within arm's length of a responsible adult.
17. Adults can only be responsible for two non-swimmers at a time.

Pool toys other than diving rings or sticks are not allowed in the Montecito Family YMCA pool.

Recreation swim will consist of 2 lanes. Lifeguards will be prompt in their moving of lane lines.