

## Parent-Child Programs

In today's world, a child and a parent rarely have time together: to laugh, to talk, to become friends, and to learn about each other. But this was realized long ago in the 1920s by Harold Keltner, a St. Louis YMCA director. The YMCA Parent/Child Programs were formed.

"Children need models rather than critics."

— Joseph Joubert

**A New Direction:** Life is a journey. The journey anticipates challenges and choices. Along the way are significant guides. The journey begins within the sacred circle of family. Parents serve as primary guides to help children navigate known obstacles. It is an expedition for the ages. In the YMCA, we believe that if we build strong communities that nurture and strengthen families, then children will start early and finish strong. This has been our legacy, and it now will be imbedded in a new direction on a journey together.



*Join today and spend quality time with your child.*

# New Circles forming TODAY!

# Register Now.



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## BUILDING FRIENDSHIP FOREVER!!!

MONTECITO FAMILY YMCA  
ADVENTURE GUIDES 2011/2012



591 Santa Rosa Ln, 805.969.3288

[ciymca.org/montecito](http://ciymca.org/montecito)

# General Information



## Program Purpose

To foster understanding and companionship between parent and child.

## Program Aims

1. To be clean in body and pure in heart
2. To be friends forever with my dad/mom/son/daughter
3. To love the sacred circle of my family
4. To listen while others speak
5. To love my neighbor as myself
6. To respect the traditions and beliefs of all people
7. To seek and preserve the beauty of Our Creator's work in forest, field, and stream

## Program Motto

Friends Forever

## YMCA Core Values/Character Counts!

Caring	Respect
Responsibility	Honesty

## 2011—2012 Calendar of Events

### **Orientation Night (YMCA)**

**Sept. 14 6:00 pm**

### **Fall Campout at Refugio**

**State Beach**

**November 4-6**

### **Christmas Parade (State St.)**

**December 2 (Holiday Dreams)**

### **Father/Daughter Dance (YMCA)**

**February 11 6:00 pm**

### **Pinewood Derby**

**April 28**

### **Spring Campout:**

**May**



## Cost

### **Returning Guides:**

Facility Members	\$40
Community Members	\$65
Additional Child(ren)	\$20

### **1st year Guides:**

Facility Members	\$55
Community Members	\$75
Additional Child(ren)	\$25

## Our Program

The Adventure Guides program enables parents and their children to participate together in a variety of activities that encourage mutual understanding, love and respect. A circle, or a group consists of 5-9 dads or moms with their sons or daughters, but is not limited to this number. The group or the circle meet monthly in a members' home on a rotating basis. Groups or circles may be organized around neighborhood groups, church groups, schools, or common interests of participating members. Often times, parents may only know one other dad or mom in the program and the YMCA will then partner those families with an existing circle or group.

## *New Circles Forming Today!*

Register at the Montecito Family YMCA or call 969-3288 and speak with Cary Young, Senior Director for additional information.

