



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

FEBRUARY 2ND - MARCH 31ST

LAP POOL

mon tues wed thur fri sat sun

<p>OPEN SWIM 5:30-9:00 am</p> <p>W.E.T. 1 lane open 9:00-10:00 am</p> <p>OPEN SWIM 10:00-3:30 pm</p> <p>SWIM CLASSES 2 lanes open 3:30-6:45 pm</p> <p>SPECIAL OLYMPICS 2 lanes at 6:45 6:30-7:30 pm</p> <p>OPEN SWIM 6:45-9:45 pm</p>	<p>OPEN SWIM 5:30-8:00 am</p> <p>SENIOR SWIM 8:00-9:00 am</p> <p>W.E.T. 1 lane open 9:00-10:00 am</p> <p>OPEN SWIM 10:00-11:00 am</p> <p>SWIM CLASSES 4 lanes open 11:00-12:00pm</p> <p>OPEN SWIM 12:00-3:30 pm</p> <p>SWIM TEAM Pool Closed 3:30-5:30 pm</p> <p>SWIM CLASSES 4 lanes open 5:30-6:15 pm</p> <p>ADULT LESSONS 1 lane open 6:30-7:15 pm</p> <p>W.E.T. 1 lane open 6:15-7:00 pm</p> <p>OPEN SWIM 7:00-9:45 pm</p>	<p>OPEN SWIM 5:30-9:00 am</p> <p>AQUA MAX 1 lane open 9:00-10:00 am</p> <p>OPEN SWIM 10:00-2:30 pm</p> <p>SWIM CLASSES 4 lanes open 2:30-3:30 pm</p> <p>SWIM CLASSES 3 lanes open 3:30-6:00 pm</p> <p>OPEN SWIM 6:00-9:45 pm</p>	<p>OPEN SWIM 5:30-8:00 am</p> <p>SENIOR SWIM 8:00-9:00 am</p> <p>W.E.T. no lanes open 9:00-10:00 am</p> <p>OPEN SWIM 10:00-3:30 pm</p> <p>SWIM TEAM no lanes open 3:30-5:30 pm</p> <p>SWIM CLASSES 1 lane open 5:30-6:15 pm</p> <p>W.E.T. 2 lanes open 6:15-7:00 pm</p> <p>OPEN SWIM 7:00-9:45 pm</p>	<p>OPEN SWIM 5:30-9:00 am</p> <p>W.E.T. 1 lane open 9:00-10:00 am</p> <p>ADULT LESSONS 3 lanes open 10:00-10:45 am</p> <p>OPEN SWIM 10:00-3:30 pm</p> <p>SWIM TEAM no lanes open 3:30-5:30 pm</p> <p>OPEN SWIM 5:30-8:45 pm</p>	<p>OPEN SWIM 7:00-8:00am</p> <p>W.E.T. 1 lane open 8:00-9:00am</p> <p>SWIM CLASSES 3 lanes open 9:00-10:00 am</p> <p>SWIM CLASSES 2 lanes open 10:00-12:00pm</p> <p>SWIM CLASSES 3 lanes open 12:00-1:00 pm</p> <p>OPEN SWIM 1:00-6:45pm</p>	<p>OPEN SWIM 7:00am-6:45pm</p>
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PLEASE NOTE: Children under 8 must be accompanied in the pool area by an adult at all times. Classes and private lessons have priority for pool space.

LAP SWIMMING TIPS: Please enter the pool from the left side. To avoid accidents, when entering an occupied lane, please get the first swimmer's attention. Please get pull buoys, etc. before entering the pool.

DIRECTIONS: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

SPEED: Please try to choose a lane with swimmers that most nearly match your speed.

VENTURA FAMILY YMCA 3760 Telegraph Road, Ventura, CA 93003 805.642.2131 ciymca.org/ventura



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FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

FEBRUARY 2ND - MARCH 31ST

THERAPY POOL

mon tues wed thur fri sat sun

OPEN SWIM
5:30-8:00am

A.F.A.P.
pool closed
8:00-9:00am

SWIM CLASSES
1/2 open
9:00-10:00am

AQUA PLUS
pool closed
10:00-11:00am

A.F.A.P.
pool closed
11:00-12:00pm

OPEN SWIM
12:00-3:30 pm

SWIM CLASSES
1/2 open
3:30-5:15pm

SILVER SPLASH
pool closed
5:15-6:00pm

OPEN SWIM
6:00-9:45pm

OPEN SWIM
5:30-8:00am

SENIOR SWIM
8:00-9:00 am

SWIM CLASSES
1/2 open
9:00-10:00 am

A.F.A.P.
pool closed
10:00-10:45am

PARENT/CHILD
SWIM CLASSES
1/2 open
10:45-11:45 am

OPEN SWIM
11:45-2:45pm

SWIM CLASSES
1/2 open
2:45-6:30 pm

PARENT/CHILD
SWIM CLASS
pool closed
6:30-7:00 pm

OPEN SWIM
7:00-9:45pm

OPEN SWIM
5:30-9:00am

SWIM CLASSES
pool closed
9:00-10:00am

AQUA PLUS
pool closed
10:00-11:00am

A.F.A.P.
pool closed
11:00-12:00pm

OPEN SWIM
12:00-1:45pm

SWIM CLASSES
1/2 open
1:45-2:15pm

OPEN SWIM
2:15-3:30 pm

SWIM CLASSES
pool closed
3:30-5:15pm

SILVER SPLASH
pool closed
5:15-6:00pm

OPEN SWIM
6:00-7:00pm

POOLATES
1/2 pool open
7:00-8:00pm

OPEN SWIM
8:00-9:45pm

OPEN SWIM
5:30-8:00am

A.F.A.P./SENIOR
SWIM
pool closed
8:00-9:00am

SWIM CLASSES
pool closed
9:00-10:00am

A.F.A.P.
pool closed
10:00-10:45am

PARENT/CHILD
SWIM CLASSES
1/2 open
10:45-11:45am

OPEN SWIM
11:45-3:30Pm

SWIM CLASSES
pool closed
3:30-5:15pm

OPEN SWIM
5:15-9:45 pm

OPEN SWIM
5:30-9:00am

SWIM CLASSES
1/2 open
9:00-10:00am

AQUA PLUS
pool closed
10:00-11:00am

A.F.A.P.
pool closed
11:00-12:00pm

OPEN SWIM
12:00-5:15pm

SILVER SPLASH
pool closed
5:15-6:00pm

OPEN SWIM
6:00-8:45pm



PLEASE NOTE: Children under 8 must be accompanied in the pool area by an adult at all times.

Classes and private lessons have priority for pool space. Please stay clear

LAP SWIMMING TIPS: Please enter the pool from the left side. To avoid accidents, when entering an occupied lane, please get the first swimmer's attention. Please get pull buoys, etc. before entering the pool.

WATER WALKER: Our new water walker is available during specific pool times. Please let us know if you'd like to use it during these times.

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