

February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 The Current	4	5 Campaign for Youth Kick Off!	6 Spring 1 Session Registration for Members
7	8 FitStart Orientation	9 Campaign Phone Night Bible Study	10 Spring 1 Session Registration for Program Members	11 Campaign Report Night	12 Parents Night Out	13 CPR/AED Training
14	15	16	17 Campaign Phone Night The Current	18	19	20 Youth Flag Football Starts
21	22 Spring 1 Session Starts FitStart Orientation	23 Campaign Phone Night Bible Study	24 The Current	25 Campaign Report Night	26 Parents Night Out	27
28						



Financial Assistance is Available

The Channel Islands YMCA is a charitable organization providing programs based upon Christian principles to men, women and children of all ages, races, religious beliefs and economic status to develop and enrich the spirit, mind and body.



Ventura Family YMCA

a branch of the Channel Islands YMCA

3760 Telegraph Rd. • 642-2131

www.ciymca.org/ventura

February 2010

Feb. 5 : Campaign for Youth Kick Off. 6pm-7:30pm. We are kicking off our Campaign for Youth Fundraiser 6pm in the YMCA Studio. Your contribution and volunteer time will help the Y continue to provide scholarships to those in need and ensures no one is turned away due to inability to pay. For more information about becoming a volunteer contact Amy Bailey.

Feb. 6: Spring 1 Session registration for members. Sign up your child for any of our amazing youth sports or youth aquatics classes. Program members can sign up their children on February 10th. Sign up at the Welcome Center or online.

Feb. 8 & 22: FitStart Orientation: Let our YMCA Total Health Coaches work with you for 12 weeks and get your work outs going. It's a great way to achieve your wellness goals and its free!

Feb. 9, 17 & 23: Campaign phone Night: 5:30pm-7:30pm. Volunteers for Campaign for Youth will meet at the YMCA to make campaign phone calls.

Feb. 11 & 25: Campaign Report Night 6pm-7p. Volunteers for Campaign for Youth will meet at the Foothill High School to come together to report on their fundraising efforts.

Feb. 13: CPR/AED Training: Get CPR certified at the YMCA. Classes start at 10am in the Community Room. Sign up at the Welcome Center. Fees vary.

Feb. 20: Youth Flag Football Starts: Co-ed league for players in Kindergarten – 6th grade. Games will be held on Saturday mornings.

Reoccurring Events:

Parent 's Night Out - The Ventura Family YMCA strives to provide families opportunities for safe and enjoyable fun. Parent's Night Out is a great outlet for kids to have a fun time, enjoy dinner, games and watch a movie with friends and allow parents to have a night off. Don't miss out!

Feb. 12: 6pm-9:30pm. Kids will have a blast watching the hilarious *Beverly Hills Chihuahua* along with a night of yummy dinner and games.

Feb. 26: 6pm-9:30pm. Kids will enjoy a Friday night with the pizza, snacks and watch the movie *Finding Nemo*.

The Current -The River Community Church holds a teen youth group (6th-12th graders) every Wednesday in our Community Room from 6-8pm. A great opportunity for teens to fellowship in a positive environment

Bible Study – Pastor Jim Duran, from the River Community Church, wakes us up with an uplifting study of the bible. Everyone is welcome to join us in fellowship on the second and fourth Tuesday of the month at 7:30am.



Financial Assistance is Available

The Channel Islands YMCA is a charitable organization providing programs based upon Christian principles to men, women and children of all ages, races, religious beliefs and economic status to develop and enrich the spirit, mind and body.



Ventura Family YMCA

a branch of the Channel Islands YMCA

3760 Telegraph Rd. • 642-2131

www.ciymca.org/ventura