



We build strong kids, strong families, strong communities

Telegraph Rd., Ventura, CA 93003 (805) 642-2131 FAX: (805) 642-1137 www.venturaymca.org

Resident Camp Fact Sheet

Teen August 2nd – 9th, 2009

Youth August 9th – 15th 2009

REGISTRATION: Final payment is due Tuesday July 28th, 2009

ALL camp forms must be turned in to the Ventura Family YMCA on or before the Camp Rally, July 28th. PLEASE COMPLETE BOTH SIDES OF ALL FORMS CAREFULLY & NEATLY. These forms must be completed for the campers to depart with us. *TO RETAIN YOUR SPOT AT CAMP, FORMS & PAYMENTS MUST BE TURNED IN ON TIME.*

CAMP RALLY: Tuesday July 28th at 6:00pm at the Ventura Family YMCA.

Campers and their parent will hear the final instructions for camp departure, meet some of the camp staff and find out more about our week at camp.

BUS SCHEDULE:

Please bring a sack lunch for the first day. Do not pack it in luggage!

Please call (805) 687-7720 after 2pm for an update on arrival time.

August 2nd

Teen Campers should be at the Ventura Family YMCA no later than 7:30am.

Teen Camp Spot time 6:00am

6:00 am Lompoc YMCA one 55 passenger bus

Depart 7:30 am for Ventura Family YMCA

6:30 am Santa Barbara YMCA one 55 passenger bus

Depart 7:30 am for Ventura Family YMCA

12:30 pm Arrive at Camp Redwood Lake Sequoia

August 9th

Youth Campers should be at the Ventura Family YMCA no later than 7:30am.

Youth Camp Spot time 6:00am

6:00 am Lompoc YMCA one 55 passenger bus

Depart 7:30 am for Ventura Family YMCA

6:30 am Santa Barbara YMCA one 55 passenger bus

Depart 7:30 am for Ventura Family YMCA

12:30 pm Arrive at Camp Redwood Lake Sequoia

August 9th- same busses as used for Youth Camp above

Teen Camp Spot time 1:15 pm



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2:00 pm Depart Camp Gaines Lake for Ventura Family YMCA

Two 55 passenger busses

6:00 pm Arrive Ventura Family YMCA

6:30 pm Depart for Lompoc YMCA one 55 passenger bus

Depart for Santa Barbara Family YMCA one 55 passenger bus

7:15 pm Arrive Santa Barbara Family YMCA

7:30 pm Arrive Lompoc YMCA

August 15th

Youth Camp Spot time 10:00 am

11:00am Camp Gaines Lake for Ventura Family YMCA

Two 55 passenger busses

3:00 pm Arrive Ventura Family YMCA

3:30 pm Depart for Lompoc YMCA one 55 passenger bus

Depart for Santa Barbara Family YMCA one 55 passenger bus

4:15 pm Arrive Santa Barbara Family YMCA

4:30 pm Arrive Lompoc YMCA

EMERGENCIES AT HOME:

In the event of an emergency at home that requires you to contact camp, please contact the Ventura Family YMCA at (805) 642-2131. The camp telephone is for emergencies only and cannot be given out.

EMERGENCIES AT CAMP

No news is good news! Your camper will not have access to a phone to call home. However, if your child becomes seriously ill or is injured, we will contact you or your emergency contacts to arrange for the best treatment for your child.

CAMP ADDRESS:

Channel Islands YMCA (August 2nd-9th) (August 9th-15th)

Camper Name

49716 Highway 180

Miramonte, CA 93641



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MEDICINES AND PRESCRIPTIONS

If your camper is taking medication and needs to continue doing so at camp, please give the medications to the Camp Director on the morning of departure. Do not pack any medications with your camper's belongings! The medicine must be in the original container, labeled with your child's name, type of medication, and the directions for dispensing. Please remember to fill out the Medical Information form and to sign it.

IF YOUR CHILD IS SICK

If your child is sick on departure day, please do not send him/her to camp. Sick children tend to get worse at camp. Camp staff reserves the right not to send a camper to camp if the child's health may endanger themselves or others at camp.

BUS TRANSPORTATION

Campers will be split into cabin groups on the way to camp and will sit with their cabin counselors. This allows the campers time to get to know their cabin counselor and provides for at least a 1:10 ratio while on the bus. In addition, one director or assistant director will also ride on each bus to provide additional assistance should campers and staff need it. Each bus will be equipped with a walkie-talkie, allowing the directors on each bus to converse with each other in case of an emergency. Medical forms will be carried in each director's notebook and in the nurse's notebook.

BUS SAFETY RULES

We ask all campers to remain seated on the bus while the bus is in motion. We carry supplies to assist campers who get motion sick on the bus (water, hard candies, saltines, etc.). Please let us know if your camper typically gets motion sick. We ask all campers to keep their hands and feet inside the bus at all times. Restrooms are available at the back of each bus. We ask campers to refrain from making loud noises while riding on the bus to avoid distracting the driver. Singing and regular conversation are encouraged.

WHAT TO BRING LIST

Please check over the items on the enclosed "What to Bring List." Camp is a great place for old clothes. Be sure to label ALL your belongings.

PLEASE DO NOT BRING MONEY, CELL PHONES, OR IPODS TO CAMP; ALL EXPENSES ARE INCLUDED IN THE CAMP FEE.



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PREPARING FOR CAMP

Suggested What To Bring List

- Big Sack Lunch for 1st day (lunch will be eaten on the bus ride to camp)
- Sleeping Bag (Place in trash bag with identifying ribbon – Camp is Dusty!!!)
- Pillow
- Fanny Pack or Back Pack
- 1 large duffel bag (for all below)
- Extra blanket (if you get cold easily)
- Flashlight **EXTRA**
- Extra batteries
- Toiletries Disposable Camera
- Chapstick Musical Instrument
- Sunscreen
- Insect repellent (Skin So Soft works the best)
- Shoes- only old ones (new ones will get ruined)
CLOSED TOED! Water shoes for shower, pool
or wet areas.
- Socks (One pair per day)
- Underwear (One pair per day)
- Shirts (long sleeve and T's)
- Shorts
- Pants
- Hat
- Bathing Suit
- Towels (One for bathing and one for pool)
- Sweatshirts
- Warm Jacket
- Handkerchief/Bandanna
- PJs

Please limit your luggage to 2 duffel bags and one sleeping bag!!!

Remember, you have to carry your own luggage.

QUESTIONS??

For more information, please contact Jacob Munyon at (805) 642-2131 x16 or
Jacob.Munyon@ciymca.org.

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