



We build strong kids, strong families, strong communities.

Ventura Family YMCA Lap Pool Schedule 4/1/08- 6/22/08

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>	<i>Open - 7:00 am</i>	<i>Open - 7:00 am</i>
Lap	Lap Swim All lanes open 8:00 AM	Lap	Lap Swim All lanes open 8:00 AM	Lap	Lap Swim All lanes open 8:00 AM	Open
Swim	Senior Lap Swim & OPEN (7:55 - 8:55)	Swim	Senior Lap Swim & OPEN (7:55 - 8:55)	Swim	W.E.T.	
All lanes open 9:00 AM	9:00 AM	All lanes open 9:00 AM	All lanes open 9:00 AM	All lanes open 9:00 AM	1 lane open 9:00 AM	
W.E.T. 1 lane open 10:00 AM	W.E.T. 1 lane open 10:00 AM	Aqua MAX 1 lane open 10:00 AM	W.E.T. 1 lane open 10:00 AM	W.E.T. 1 lane open 10:00 AM	Youth	
Adult lessons	Lessons	Adults Lessons	Lessons	Adults Lessons	Lessons	
3 Lanes Open 11:00 AM	1 Lane Open 11:00 AM	3 Lanes Open 11:00 AM	1 Lane Open 11:00 AM	3 Lanes Open 11:00 AM	1 open lane	
Open	Open	Open Swim	Open	Open	12:00 PM	
Swim All Lanes Open 3:30 PM	Swim All Lanes Open 3:30 PM	2:00 PM	Swim All Lanes Open 3:30 PM	Swim All Lanes Open 3:30 PM	Open	
Youth	Swim Team All Lanes	Youth Lessons	Swim Team All Lanes	Swim Team	Swim	
Lessons 2 lanes Open 5:15 PM	NO open lanes 5:30 PM	2 lanes Open 5:00 PM	NO open lanes 5:30 PM	NO open lanes 5:30 PM	All lanes open <i>Close - 6:45 pm</i>	
Synchronized Swimming & Lessons 1 Lane Open 6:00 PM	Lessons 2 Lanes Open 6:00 PM	Synchronized Swimming and Lessons 1 Lane Open 6:00 PM	Lessons 2 Lanes Open 6:00 PM	Open Swim 6:00 PM	All lanes open <i>Close - 6:45 pm</i>	
Open Swim 7:00 PM	Lessons/W.E.T. NO open lanes 6:30 PM Adult Lessons 1 open lane 7:00 PM	Lessons 3 Open Lanes 7:00 PM	W.E.T. and Youth Lessons 2 open lanes (6:15) 7:00 PM	Adult Swim Conditioning 2 Lanes Open 7:00 PM		
Special Olympics 2 lanes Open 8:00 PM	Adult Swim Conditioning 2 lanes Open 8:00 PM	Open	Open	Open Swim		
Open Swim	Open Swim	Swim	Swim	All lanes open <i>Close - 8:45 pm</i>		
All lanes open	All lanes open	All lanes open	All lanes open			
<i>Close - 9:45 pm</i>	<i>Close - 9:45 pm</i>	<i>Close - 9:45 pm</i>	<i>Close - 9:45 pm</i>			
<p>Please note: Children 8 and under MUST be accompanied in the pool area by an adult at all times. Classes and private lessons do have priority for pool space. THANK YOU!</p>						

Ventura Family YMCA Therapy Pool Schedule 4/1/08- 6/22/08

* There are no swim lessons 3/30/08 - 4/13/08

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<i>Open-5:30am</i>	<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>	<i>Open - 5:30 am</i>			
OPEN	OPEN SWIM	OPEN	OPEN SWIM	OPEN	<i>Open - 7:00 am</i>	<i>Open - 7:00 am</i>	
SWIM	8:00 AM	SWIM	8:00 AM	SWIM	OPEN	OPEN	
	Senior Lap Swim & OPEN (7:55 - 8:55)		Senior Lap Swim & OPEN (7:55 - 8:55)		SWIM		
9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM		
Youth Lesson Pool Closed	Youth Lesson Pool Closed	Youth Lesson Pool Closed	Youth Lesson Pool Closed	Youth Lesson Pool Closed	Youth		
10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM			
Twinges Plus	Twinges	Twinges Plus	Twinges	Twinges Plus	Lessons		
11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM			
Twinges	Gym & Swim	Twinges	Gym & Swim	Twinges			
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		
12:00 PM	12:00 PM	12:00 PM	12:00PM	12:00 PM	Pool Closed		
Open Swim and Ashwood	Open Swim	Open Swim and Ashwood	Open Swim	Open Swim and Ashwood	1:00 PM	SWIM	
		2:15 PM	2:45PM				
3:15 PM	3:15 PM	Youth Lessons	Youth Lessons		OPEN		
Youth Lessons Pool Closed	Youth Lessons	Pool Closed					
5:15 PM		5:15 PM		5:15 PM	SWIM		
Twinges	Pool Closed	Twinges	Pool Closed	Twinges			
6:00PM	6:30 PM	6:00 PM	6:15 PM	6:00 PM			
Lessons	Parent Child Swim Class Pool Closed	Youth Lessons	OPEN	OPEN	<i>Close - 6:45pm</i>		<i>Close -6:45pm</i>
7:00 PM	7:00 PM	7:00 PM					
OPEN	OPEN	Poolates	SWIM	SWIM			
SWIM	SWIM	1/2 Pool Open 8:00 PM		<i>Close - 8:45 pm</i>			
		OPEN					
		SWIM					
<i>Close-9:45pm</i>	<i>Close - 9:45 pm</i>	<i>Close - 9:45 pm</i>	<i>Close - 9:45 pm</i>				



Please note: Children 8 and under **MUST** be accompanied in the pool area by an adult. Any slot designated for Lessons, classes or private lessons is not open for free swim unless marked otherwise