



**Stuart C. Gildred Family YMCA | January 23rd - January 29th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LATIN DANCE</b> Group Exercise Studio	4:30PM-5:15PM (Dance) <i>Mila S.</i>						



Santa Barbara Family YMCA | January 23rd - January 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>ZUMBA®</b> Studio 1	5:30PM-6:25PM (Dance) <i>Mayte Q.</i>	8:30AM-9:15AM (Dance) <i>Alison C.</i>	5:30PM-6:25PM (Dance) <i>Mayte Q.</i>	12:00PM-12:45PM (Dance) <i>Alison C.</i>	5:30PM-6:25PM (Dance) <i>Edith A.</i>		
<b>DANCE FITNESS</b> Studio 1		12:00PM-12:45PM (Dance) <i>Kymberly W.</i>		8:30AM-9:15AM (Dance) <i>Kymberly W.</i>			



# Ventura Family YMCA | January 23rd - January 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>FOLK DANCE</b> Studio 1 <a href="#">Sign Up</a>		1:30PM-3:00PM (Dance) <i>Randy B.</i>		1:30PM-3:00PM (Dance) <i>Randy B.</i>			
<b>ZUMBA GOLD®</b> Studio 1 <a href="#">Sign Up</a>					10:15AM-11:00AM (Dance) <i>Louise B.</i>		



Lompoc Family YMCA | January 23rd - January 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ZUMBA® Multipurpose Room			5:45PM-6:30PM (Dance) Nancy C.	6:15PM-7:00PM (Dance) Claudia C.			



Montecito Family YMCA | January 23rd - January 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ZUMBA® Multipurpose Room						9:45AM-10:30AM (Dance) <i>John P.</i>	