



Montecito Family YMCA | December 7th - December 13th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>AQUA FIT</b> Pool <a href="#">Sign Up</a>	10:00AM-10:50AM (Water) <i>Janice</i>		10:00AM-10:50AM (Water) <i>Janice</i>			10:00AM-10:50AM (Water) <i>Janice</i>	
<b>CYCLE</b> Multipurpose Room	5:30PM-6:15PM (Cycle) <i>Alison G.</i>		5:30PM-6:15PM (Cycle) <i>Alison G.</i>				
<b>PILATES</b> Multipurpose Room			9:00AM-9:45AM (Strength) <i>Molly G.</i>				
<b>ZUMBA®</b> Multipurpose Room						9:45AM-10:30AM (Dance) <i>John P.</i>	