



GOOD FRIDAY BREAKFAST

Community and Fellowship

Channel Islands YMCA
44th Annual Good Friday Breakfast

PROGRAM

Opening	Margo Byrne
Music	Providence Lower School Worship Band ("This is Amazing Grace" and "He is Good" based on Psalm 136 and co-written by Matt Knoles and Andy White)
Keynote Introduction	Jim Stretchberry
Keynote	Mike McGrew
Closing Prayer	Joshua Keith

The Providence Lower School Worship Band	Nico Bayet, RJ Berrett, Eva Lundgaard, Macy Prahm, Joshua Small, Liana Toscano, Matt Knoles (principal)
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To make a donation to the YMCA, visit ciymca.org/give.
Your generosity will impact lives!

KEYNOTE SPEAKER: **MIKE MCGREW**

From his 31-year career as a police officer and sergeant, co-founder and executive director Sgt. Mike McGrew knows first hand the dramatic impact of working the front lines as a first responder. He faced his own struggles with Post-Traumatic Stress Injuries and other self-destructive behaviors, after years of dealing with the gruesome and inhuman crimes he encountered while working as a police officer.

He also experienced the unbearable pain of losing a child to cancer. Through Sgt. McGrew's own personal and spiritual journey of discovering healing from post-traumatic stress injuries, he co-founded 911 At Ease International.



CHANNEL ISLANDS YMCA HISTORY

The Young Men's Christian Association began in London, England, June 1844 to provide an alternative to the lifestyles of young employed men of the industrial revolution. The Young Men's Christian Association focused on the reading of classical literature, Bible study and prayer. The YMCA came to Santa Barbara in March 1887 with much the same purpose.

During the last 128 years our YMCA has changed to meet the challenges of our ever changing communities. The YMCA has been the leader in healthy living, aquatics, camping and child care—the programs for which we are most recognized today. In the 1980s the Santa Barbara YMCA merged with the Ventura YMCA to form the Channel Islands YMCA, now an association of seven branches serving the communities of Lompoc, Santa Ynez, Camarillo, Ventura, Montecito, Isla Vista and Santa Barbara.

In 1978, this annual Good Friday Breakfast began to celebrate our Christian heritage. It has grown from a small gathering of YMCA members and staff to a community event that attracts over 400 participants. Our mission of 1887 is much the same today - to provide programs based upon Christian principles to men, women and children of all ages, races, religious beliefs and economic status to

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TITLE

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Keith Berry

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John Davies

Silver

Marshall Howen and Sunrise 805

Bronze

American European Bethel Mission

Pat and Jim Stretchberry

Kathy and Greg Olsen

Bob Bryant and Bryant & Sons

The Horton family

Dianne Davis and family

Network Medical

Child Evangelism Fellowship

Fritz Harnsberger and family

Laguna Capital Management (Keith family)

Jim, Cliff, Robert, and JJ's Men's Group

CBMC

Enviroscaping

GOOD FRIDAY BREAKFAST COMMITTEE

Joshua Keith (Chair)

Margo Byrne

Dianne Davis

Dan Noah

Craig Prentice

Elaine Rottman

Jim Stretchberry

Timothy Yu

George Armstrong

Jennifer Heinen-Stiffler



THANK YOU!

