Channel Islands YMCA SUMMER CAMP REGISTRATION & EMERGENCY INFORMATION (Day Camp, Enrichment & Specialty Camp)

GENERAL INFORMATION (Please print clearly)		
Child's Full Name:	Birthdate _	Gender
Grade entering in next school year: Scho	ool attending:	
Guardian 1 Full Name:	DOB	Phone:
Guardian 2 Full Name:	DOB	Phone:
Guardian Email:		
Child lives with	Relationship	
Please attach copies of any legal do	cumentation regarding	non-custodial parents
HEALTH HISTORY INFORMATION		
Has your child had any serious or severe illnesses, co	onditions, or accidents ir	the last 3 years? Yes No
If yes, explain		
Does the child take any medication during the day?	Yes No	
Will child need to take medication while in YMCA care		
		(if Yes, Medication Information Form
Please list medications:		
Environmental Allergies (plants insects etc.)? Yes	No If yes, list:	
Food Allergies?	Food Restrictions?_	
Special needs or fears? Yes No If yes, expl	lain:	
Physician:	Phone:	
Dentist:	Phone:	
Insurance Provider:	G	roup #:
IMMUNIZATION INFORMATION		
As the custodial parent/guardian, I confirm that all in	nmunizations required fo	or school are up to date.
Yes No		
Include the actual date (month/year) of last tetanus.	/	(mm) / (yyyy)

The date of the last tetanus is required to be enrolled.

AUTHORIZED PICKUPS/EMERGENCY CONTACT (Must list 2)

Name:	Phoi	ne:	
Relationship:	Emai	il:	
Name:	Phoi	ne:	
Relationship:	Emai	il:	
Name:	Phoi	ne:	
Relationship:			
RESTRICTED INDIVIDUALS			
Is there any specific individual the	hat should not be picking up th	e child? Yes No	(If yes, please list below)
Name:	Phone:	Rel	ationship:
Name:	Phone:	Rel	ationship:
permission the right to take, copany YMCA advertising, promot	pyright, use, and publish any ph ion, or other purpose consist	ees and any other hotographs or video tent with the YMC	person and entity acting with it of the my child for the purpose o A mission. I agree that any suc
	ny printed or electronic materia	al that may be used i	ve all rights thereto. I further waiv n conjunction with the photograph
			INITIALS:
PERMISSION FOR AUTHORIZING The YMCA requires that children sunscreen is provided for reappl apply a sunscreen product of SP that sunscreen may be applied t arms and legs.	have sunscreen applied daily plication throughout the day. Short 15 or higher of their choosin	ould it become nece g to my child during	ssary, I authorize the YMCA to Joutdoor activities. I understand
~			INITIALS:
AOUATIC ACTIVITIES: I give my consent to allow my ch	nild to participate in aquatic act	tivities while at the	YMCA.
g ,	pspare aquant uti		INITIALS:

Channel Islands YMCA SUMMER CAMP REQUIRED AGREEMENTS & CONSENTS (Day Camp, Enrichment & Specialty Camp)

HANDBOOK

I have received a copy of the Camp Handbook and agree to all procedures and expectations outlined in the handbook. I understand that not following the expectations within the Camp Handbook can result in removal.

CAMPER PICKUP

I understand that should staff determine that my child needs to be picked up from the program for any reason (i.e. illness, behavior) I have one hour to have my child picked up. I understand that anyone who picks up my child may be asked to show identification if they seem unfamiliar to staff. I understand that late program pickups may result in authorities being notified, fees, and/or removal as outlined in the Camp Handbook.

PROGRAM CANCELATIONS

As stated at the time of registration, I understand that I can cancel my registration two weeks in advance of the program start date and receive a full refund, minus the non-refundable deposit. There are no refunds after this point unless a fee was charged in error or there is a documented medical reason.

CHILD ABUSE PREVENTION

I understand that the YMCA is mandated, by law, to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation. Should I have concerns about child safety, I can notify the administrative office at (805) 569-1103 or info@ciymca.org.

PERMISSION FOR FIELDTRIPS & EXCURSIONS

I hereby give consent to the Channel Islands YMCA and its designated leaders to take the child on walking trips in the neighborhood, public park facilities, special excursions to places of interest in YMCA vans, buses, commercial vehicles, public transportation, or rented vans or buses, with the understanding that such trips are under supervision of authorized personnel of the YMCA and that all possible precautions are taken to insure the health and safety of my child.

CONSENT FOR EMERGENCY MEDICAL TREATMENT

I hereby give consent to Channel Islands YMCA to obtain all emergency medical or dental care prescribed by a licensed Physician or Dentist for my child. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of a child.

HEALTH HISTORY STATEMENT

The health history information included is correct and complete as far I indicated on my Registration & Emergency Form. I hereby give permission to Channel Islands YMCA and its employees and volunteers to release any and all of the above health history to any medical personnel rendering emergency medical aid or treatment to my child.

CHILD'S HEALTH STATEMENT

I understand that at a YMCA, physical activity is a regular part of the program. To the best of my knowledge, my child is/are in good physical health and needs no restrictions (except what is listed on the Health History Information) from strenuous physical activity. If I have any questions regarding my child's health, I understand that it is my obligation to seek professional medical advice and to inform the Channel Islands YMCA of any restrictions on my child's activities.

INSURANCE DISCLAIMER

I understand the Channel Islands YMCA does not carry health or accident insurance on its members or participants. All expenses incurred in the treatment of illness, injuries or accidents will be the responsibility of the participant's parents or guardians.

CODE OF CONDUCT FOR ALL PARTICIPANTS:

I agree to abide by the policies and conditions of the Channel Islands YMCA Association Code of Conduct which can be found at the Welcome Center of your local YMCA or on the website. This Code of Conduct is in place to ensure that everyone at the YMCA can enjoy programs and facilities in a safe and welcoming environment. I understand that failure to abide by the Code of Conduct may result in my removal or my child's removal from the program.

CHILDREN WITH SPECIAL NEEDS

I understand that the Channel Islands YMCA will accept children with special needs into our programs and will make a reasonable effort to accommodate the child without fundamentally altering the program. The Channel Islands YMCA provides group care in a recreational setting. The YMCA is unable to provide personal assistants for one-on-one care. If a child needs an aide please contact the Camp Coordinator for directions in placing her/his assistant in our program to aid your child. We appreciate communication prior to the start of camp if your child has a special need so that we can work with you on needed accommodations.

PRE-CAMP HEALTH SCREENING

I understand the parents or guardians are to make sure their child is healthy when they arrive as camp. In order to keep our camp community helahty, it is imperative that we remain vigilant in keeping our camp free of contagious diseases (i.e. flu, COVID-19, lice). I understand that if my child is sick or becomes sick while at camp, they are unable to attend.

I HAVE READ AND AGREE TO THE FOLLOWING AGREEMENTS & CONSENTS: Handbook, Camper Pickup, Program

Cancelation, Child Abuse Prevention, Permission for Field	dtrips & Excursions, Consent For Medical Treatment,							
Health History Statement, Child's Health Statement, Insura	ance Disclaimer, Code of Conduct for All Participants,							
Children With Special Needs, and Pre-Camp Health Screening.								
Guardian's Signature	Date							

Concussion Information Sheet



This sheet has information to help protect your children or teens from concussion or other serious brain injury. Use this information at your children's or teens' games and practices to learn how to spot a concussion and what to do if a concussion occurs.

What Is a Concussion?

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

How Can I Help Keep My Children or Teens Safe?

Sports are a great way for children and teens to stay healthy and can help them do well in school. To help lower your children's or teens' chances of getting a concussion or other serious brain injury, you should:

- Help create a culture of safety for the team.
 - Work with their coach to teach ways to lower the chances of getting a concussion.
 - Talk with your children or teens about concussion and ask if they have concerns about reporting a concussion.
 Talk with them about their concerns; emphasize the importance of reporting concussions and taking time to recover from one.
 - Ensure that they follow their coach's rules for safety and the rules of the sport.
 - Tell your children or teens that you expect them to practice good sportsmanship at all times.
- When appropriate for the sport or activity, teach your children or teens that they must wear a helmet to lower the chances of the most serious types of brain or head injury. However, there is no "concussion-proof" helmet. So, even with a helmet, it is important for children and teens to avoid hits to the head.



How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just "don't feel right" after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

Signs Observed by Parents or Coaches

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to or after a hit or fall

Symptoms Reported by Children and Teens

- · Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion, or concentration or memory problems
- Just not "feeling right," or "feeling down"

Talk with your children and teens about concussion. Tell them to report their concussion symptoms to you and their coach right away. Some children and teens think concussions aren't serious, or worry that if they report a concussion they will lose their position on the team or look weak. Be sure to remind them that *it's better to miss one game than the whole season.*



CONCUSSIONS AFFECT EACH CHILD AND TEEN DIFFERENTLY.

While most children and teens with a concussion feel better within a couple of weeks, some will have symptoms for months or longer. Talk with your children's or teens' healthcare provider if their concussion symptoms do not go away, or if they get worse after they return to their regular activities.

What Are Some More Serious Danger Signs to Look Out For?

In rare cases, a dangerous collection of blood (hematoma) may form on the brain after a bump, blow, or jolt to the head or body and can squeeze the brain against the skull. Call 9-1-1 or take your child or teen to the emergency department right away if, after a bump, blow, or jolt to the head or body, he or she has one or more of these danger signs:

- One pupil larger than the other
- Drowsiness or inability to wake up
- A headache that gets worse and does not go away
- Slurred speech, weakness, numbness, or decreased coordination
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching)
- Unusual behavior, increased confusion, restlessness, or agitation
- Loss of consciousness (passed out/knocked out). Even a brief loss of consciousness should be taken seriously
- while having concussion symptoms, or who return to play too soon—while the brain is still healing—have a greater chance of getting another concussion. A repeat concussion that occurs while the brain is still healing from the first injury can be very serious, and can affect a child or teen for a lifetime. It can even be fatal.

What Should I Do If My Child or Teen Has a Possible Concussion?

As a parent, if you think your child or teen may have a concussion, you should:

- 1. Remove your child or teen from play.
- 2. Keep your child or teen out of play the day of the injury. Your child or teen should be seen by a healthcare provider and only return to play with permission from a healthcare provider who is experienced in evaluating for concussion.
- 3. Ask your child's or teen's healthcare provider for written instructions on helping your child or teen return to school. You can give the instructions to your child's or teen's school nurse and teacher(s) and return-to-play instructions to the coach and/or athletic trainer.

Do not try to judge the severity of the injury yourself. Only a healthcare provider should assess a child or teen for a possible concussion. Concussion signs and symptoms often show up soon after the injury. But you may not know how serious the concussion is at first, and some symptoms may not show up for hours or days.

The brain needs time to heal after a concussion. A child's or teen's return to school and sports should be a gradual process that is carefully managed and monitored by a healthcare provider.

To learn more, go to cdc.gov/HEADSUP





Discuss the risks of concussion and other serious brain injuries with your child or teen, and have each person sign below.

Detach the section below, and keep this information sheet to use at your children's or teens' games and practices to help protect them from concussion or other serious brain injuries.

O I learned about concussion and talked with my parent or coach about what to do if I have a concus	ssion or other serious brain injury.
Athlete's Name Printed:	Date:
Athlete's Signature:	
O I have read this fact sheet for parents on concussion with my child or teen, and talked about what other serious brain injury.	to do if they have a concussion or
Parent or Legal Guardian's Name Printed:	Date:
Parent or Legal Guardian's Signature:	

CHANNEL ISLANDS YMCA MEMBER/CHILDREN ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT

IN CONSIDERATION for being permitted to utilize the facilities, services, and programs of the Channel Islands YMCA (YMCA), and/or for his or her children listed below to so participate for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, on behalf of himself or herself and such participating children and any personal representatives, heirs, and next of kin (hereinafter referred to as "the undersigned") hereby acknowledges, agrees and represents that he or she has inspected and carefully considered such premises, equipment and facilities and/or the affiliated program and that the undersigned finds and accepts same as being safe and reasonably suited for the use or participation by the undersigned and such participating children.

In addition, the undersigned acknowledges that there is widespread, ongoing transmission of novel coronavirus ("COVID-19") worldwide, including throughout Santa Barbara County and Ventura County, California. In accordance with the most recent (as of the revision date set forth above) orders and recommended guidance and protocols issued by various governmental and public health agencies, including without limitation the World Health Organization (WHO), the Centers for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH), the Santa Barbara County Public Health Department, and the Ventura County Health Care Agency (together, the "Public Health Agencies"), and, with respect to the YMCA's child care facilities, services and programs, the California Department of Social Services (Community Care Licensing Division), for slowing the transmission of COVID-19 (collectively, "COVID-19 Risk Mitigation Guidance"), the undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall visit or utilize the facilities, services, and programs of the YMCA (other than any exclusively online services and programs) if he or she (i) experiences symptoms of COVID-19, including, without limitation, fever, cough or shortness of breath, or (ii) has a suspected or diagnosed/confirmed case of COVID-19. The undersigned agrees to notify the YMCA immediately if he or she believes that any of the foregoing access/use restrictions may apply.

The YMCA has taken certain steps to implement COVID-19 Risk Mitigation Guidance for slowing the transmission of COVID-19, including, without limitation, the access/use restrictions set forth above, enhanced cleaning and disinfecting protocols, and physical distancing measures. The COVID-19 pandemic is a challenging and fluid situation, and COVID-19 Risk Mitigation Guidance may change frequently. The undersigned acknowledges and agrees that the YMCA may revise its procedures at any time based on updated COVID-19 Risk Mitigation Guidance and further agrees to comply with the YMCA's revised procedures prior to utilizing the facilities, services, and programs of the YMCA. The undersigned further acknowledges and agrees that, due to the nature of the facilities, services, and programs offered by the YMCA, social and physical distancing of 6 feet per person among participants (including children, caregivers and staff) is not possible. The undersigned fully understands and appreciates both the known and potential dangers of utilizing the facilities, services, and programs of the YMCA and acknowledges that use thereof by the undersigned and/or such participating children may, despite the YMCA's reasonable efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

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IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO, OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, PARTICIPATION IN ANY ON-SITE OR OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, PARTICIPATION IN ANY VIRTUAL OR ONLINE PROGRAMS. THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

THE UNDERSIGNED, ON HIS OR HER BEHALF AND ON BEHALF OF SUCH PARTICIPATING CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, volunteers and agents (hereinafter referred to as "Releasees") from all liability to the undersigned or such participating children and all personal representatives, assigns, heirs, and next of kin of the undersigned or such participating children for any loss or damage, and any claim or demands on account of any property damage or any injury to, or an illness or the death of, the undersigned or such participating children (or any person who may contract COVID-19 or any other communicable disease, directly or indirectly, from the undersigned or such participating children) whether caused by the negligence, active or passive, of the Releasees or otherwise while the undersigned or such participating children are in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA. The undersigned expressly and knowingly waives all rights under California Civil Code Section 1542, which provides: "A general release does not extend to claims that the creditor or releasing party does not know or suspect to exist in his or her favor at the time of executing the release and that, if known by him or her, would have materially affected his or her settlement with the debtor or released party."

THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Releasees, and each of them, from any loss, liability, damages or costs they may incur, whether caused by the negligence, active or passive, of the Releasees or otherwise while the undersigned or any participating child is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA. The undersigned understands and agrees that the YMCA is not required to provide insurance to cover the undersigned or such participating children in the event they suffer illness, injury, death, property loss, theft or damage of any sort upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.

THE UNDERSIGNED agrees and acknowledges that use of the YMCA facilities and services, and participation in the YMCA programs, may involve inherent danger and risk, including, without limitation, the risk of physical illness or injury, death or property damage.

THE UNDERSIGNED further expressly agrees that the foregoing ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I HAVE CAREFULLY READ AND VOLUNTARILY SIGN THIS ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT AND FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENT APART

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FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES FROM THE YMCA IN CASE OF ILLNESS, INJURY, DEATH OR PROPERTY LOSS OR DAMAGE, INCLUDING, FOR THE AVOIDANCE OF DOUBT AND WITHOUT LIMITATION, EXPOSURE TO COVID-19 OR OTHER COMMUNICABLE DISEASES AT ANY YMCA FACILITY OR PROGRAM AND ANY ILLNESS, INJURY OR DEATH RESULTING THEREFROM. I UNDERSTAND THAT THIS DOCUMENT IS A PROMISE NOT TO SUE AND A RELEASE OF AND INDEMNIFICATION FOR ALL CLAIMS. IF SIGNING ON BEHALF OF MINOR: I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS AND I REPRESENT AND WARRANT TO THE YMCA THAT I HAVE FULL AUTHORITY TO SIGN THIS AGREEMENT ON BEHALF OF SUCH MINOR(S).

I HAVE READ AND UNDERSTAND THIS DOCUMENT AND RELEASE

Date	Print name	_
	Signature of applicant/parent	
	Signature of other adult	
	Name of child in program	
	Name of child in program	
	Name of child in program	

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